Glossary for undertakings and conditions

This glossary is intended to support consistency in the General Medical Council (GMC) and Medical Practitioner Tribunal Service’s (MPTS) use of terms featured in the guidance:

- Agreeing a doctor’s undertakings
- Imposing conditions on a doctor’s registration
- Imposing interim conditions on a doctor’s registration.

This document outlines the wording that decision makers (GMC and MPTS) should use when restricting or placing requirements on a doctor in relation to their practice, behaviour, supervision and training. The glossary will also be helpful to:

- doctors and their representatives
- responsible officers / employers / contracting bodies
- GMC associates
- the public.

Given the pace of change in the UK health sector, this glossary should be regarded as a living document. Please send any comments about this document to FTPPolEng@gmc-uk.org.
<table>
<thead>
<tr>
<th><strong>Admitting rights</strong></th>
<th>A formal arrangement with a private hospital or organisation for a doctor to admit their own private patients for inpatient care. Overall responsibility for the patient’s care remains with the admitting doctor.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Appropriate practitioner</strong></td>
<td>A health professional who can prescribe medicine under UK law, e.g. a registered doctor, dentist, pharmacist, nurse or midwife.</td>
</tr>
<tr>
<td><strong>Case-based discussion</strong></td>
<td>Case-based discussions are used to assess the performance of a doctor in their management of a patient to give an indication of competence in areas such as clinical reasoning, decision making and application of medical knowledge. They serve as a method to document conversations about, and presentations of, cases by doctors who must be supervised as a requirement of conditions or undertakings. These discussions should usually be held in person, but where this is not possible and the clinical supervisor and the doctor consider it is appropriate, these may be held remotely, using online and video link or other technological platforms, or telephone.</td>
</tr>
</tbody>
</table>
| **Chaperone** | A chaperone is an independent person (usually a healthcare professional) whose role is to observe the examination, procedure or consultation undertaken by the doctor. The doctor’s restrictions will outline specific situations when a chaperone should be used. This applies whether or not the doctor is the same gender as the patient. A relative or friend of the patient is not an independent observer and so would not usually be a suitable chaperone, but the doctor should comply with a reasonable request to have such a person present, as well as a chaperone. A chaperone should usually be a suitably trained person who will:

- be familiar with the procedures involved in a routine examination/consultation
- stay for the whole examination/consultation and be able to see what the doctor is doing, if practical and the patient consents to this
- be prepared to raise concerns if they are concerned about the doctor’s behaviour or actions
- be sensitive and respect the patient’s dignity and confidentiality
- reassure the patient if they show signs of distress or discomfort. |
| **Contracting body** | See full definition under [employer](#). |
Clinical supervision

Clinical supervision is carried out by a named clinical supervisor, either a consultant or a practising GP, approved by the responsible officer (or their nominated deputy).

The clinical supervisor takes overall responsibility for the arrangements of a doctor’s supervision. They will give constructive feedback to the doctor and will lead the review of their clinical practice throughout the period of supervision. The clinical supervisor must give the GMC regular feedback about the doctor’s progress. The roles of clinical supervisor and workplace reporter may be merged.

If the doctor works for more than one organisation, they will need a clinical supervisor at each organisation. This does not include where a doctor is working at different sites, or working remotely, for the same organisation, as long as the doctor’s clinical supervisor is satisfied they are able to provide the required level of supervision.

The clinical supervisor is responsible for ensuring that the doctors they supervise are not expected to take responsibility for, or perform, any clinical activity or technique if they do not have the appropriate experience and expertise.

The supervision of the doctor may be carried out via a remote platform, including where contact between the supervised doctor and patient(s) is via remote consultation. The clinical supervisor must be satisfied that remote supervision and the remote platform are appropriate to support the doctor to provide safe care to patients. The question of whether remote supervision and the remote platform are appropriate will depend on the individual circumstances of the case. The clinical supervisor should consider factors that are specific to the supervised doctor - such as their skills and experience, ability to operate remote platforms and level of insight - alongside factors relevant to the local working environment, including information or guidance on how remote platforms are being utilised in that clinical setting. Where the clinical supervisor cannot be assured that the proposed arrangements will support the supervised doctor to provide safe care to patients, the doctor’s supervision must not be carried out via remote means.

It is possible for the clinical supervisor to delegate some of the duties involved in supervision to a named deputy or deputies, typically providing support/assistance when the supervised doctor is carrying out any activity that involves patient contact such as consultations, examinations and procedures.

For all levels of supervision a named deputy or deputies must:

- be a senior doctor with appropriate experience - the decision about appropriate experience is at the discretion of the clinical supervisor
- be informed of the doctor’s conditions or undertakings.

If the clinical supervisor is unavailable for more than a working week, the responsible officer (or their nominated deputy) must approve another consultant or practising GP to take over overall responsibility for clinical supervision under the same established arrangements.

The tables below outline three possible levels of clinical supervision for a doctor with conditions or undertakings working within general practice or within a hospital setting. In exceptional circumstances, the GMC may agree different clinical
supervision arrangements. The GMC must be satisfied that the other arrangements give the same level of assurance and feedback as the requirements set out in the tables below.

The doctor must inform the GMC of their approved supervision arrangements, including:

- the name and contact details of the clinical supervisor(s)
- frequency of meetings
- deputy arrangements.
### Clinical supervision requirements for GPs

| What level should the clinical supervisor be? | The clinical supervisor should be a practising GP who is on the GP Register. The clinical supervisor cannot be an employee of the supervised doctor. |
| Which organisation should the supervisor work for? | Any organisation approved by the Responsible Officer. |
| How should the clinical supervision arrangements be carried out? | The doctor’s clinical work must be supervised. The supervised doctor must not work as a single-handed practitioner. The supervised doctor may make unsupervised home visits to patients. The clinical supervisor is required to take overall responsibility for the arrangements for the doctor’s supervision. In discharging their responsibility to provide the doctor with clinical supervision, it is expected the clinical supervisor will:  
  - be available to give advice and/or assistance to the doctor as required  
  - meet with the doctor formally, at least once a fortnight, for a case-based discussion.  

In addition to the requirements that must be met to act as a deputy providing clinical supervision, a named deputy or deputies must:  
  - be available to give advice and/or assistance to the doctor as required  
  - provide feedback to the clinical supervisor about the doctor’s clinical practice.  

A named deputy may meet with the doctor on the clinical supervisor’s behalf for a case-based discussion, provided they make a written record and update the clinical supervisor about the conversation. This should only happen in limited circumstances where the clinical supervisor is exceptionally unable to meet with the doctor themselves. |
Closely supervised

The doctor's clinical work must be closely supervised. The supervised doctor must not work as a single-handed practitioner. The supervised doctor must not make unsupervised home visits to patients.

The clinical supervisor is required to take overall responsibility for the arrangements for the doctor's supervision. In discharging their responsibility to provide the doctor with clinical supervision, it is expected the clinical supervisor will:

- be available to give advice and/or assistance to the doctor at all times
- meet with the doctor formally, at least once a fortnight, for a case-based discussion
- meet with the doctor at least once a week for a feedback session.

In addition to the requirements that must be met to act as a deputy providing clinical supervision, a named deputy or deputies must:

- be available to give advice and/or assistance at all times
- provide feedback to the clinical supervisor about the doctor's clinical practice.

A named deputy may meet with the doctor on the clinical supervisor's behalf for a case-based discussion or feedback session, provided they make a written record and update the clinical supervisor about the conversation. This should only happen in limited circumstances where the clinical supervisor is exceptionally unable to meet with the doctor themselves.
Directly supervised

The doctor must be directly supervised. The supervised doctor must not work as a single-handed practitioner. They must not make unsupervised home visits or conduct unsupervised remote consultations with patients.

The clinical supervisor is required to take overall responsibility for the arrangements for the doctor’s direct supervision and ensure that all aspects of the doctor’s clinical care are subject to oversight. In discharging their responsibility to provide the doctor with clinical supervision, it is expected the clinical supervisor will:

- ensure any activity that involves patient contact, such as in person or remote consultations, examinations and procedures, is supervised at all times
- ensure that all of the supervised doctor’s prescribing is monitored, in a manner that the clinical supervisor feels provides suitable safeguards
- meet with the doctor formally, at least once a fortnight, for a case-based discussion
- meet with the doctor at least once a week for a feedback session
- make and oversee arrangements for a suitable deputy or deputies to directly observe all aspects of the doctor’s clinical work. The arrangements must include mechanisms for the named deputy or deputies to provide feedback to the clinical supervisor about the doctor’s clinical practice. This feedback must be reviewed with the doctor at each feedback session.

In addition to the requirements that must be met to act as a deputy providing clinical supervision, a named deputy or deputies must:

- observe all aspects of the doctor’s clinical work, including monitoring prescribing if requested by the clinical supervisor, and be available to give advice and / or assistance at all times
- provide feedback to the clinical supervisor about the doctor’s clinical practice.

A named deputy may meet with the doctor on the clinical supervisor’s behalf for a case-based discussion or feedback session, provided they make a written record and update the clinical supervisor about the conversation. This should only happen in limited circumstances where the clinical supervisor is exceptionally unable to meet with the doctor themselves.
### Clinical supervision requirements for doctors working in a hospital

<table>
<thead>
<tr>
<th><strong>What level should the clinical supervisor be?</strong></th>
<th>Consultant</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Which organisation should the doctor and supervisor work for?</strong></td>
<td>The clinical supervisor must work for the same healthcare organisation as the doctor under supervision, unless the responsible officer (or their nominated deputy) is satisfied with an alternative arrangement and this arrangement does not conflict with supervision requirements.</td>
</tr>
</tbody>
</table>
How should the clinical supervision arrangements be carried out?

**Supervised**

The doctor’s clinical work must be supervised.

The clinical supervisor is required to take overall responsibility for the arrangements for the doctor’s supervision. In discharging their responsibility to provide the doctor with clinical supervision, it is expected the clinical supervisor will:

- be available to give advice and/or assistance to the doctor as required
- meet with the doctor formally, at least once a fortnight, for a case-based discussion.

In addition to the requirements that must be met to act as a deputy providing clinical supervision, a named deputy or deputies must:

- be available to give advice and/or assistance to the doctor as required
- provide feedback to the clinical supervisor about the doctor’s clinical practice.

A named deputy may meet with the doctor on the clinical supervisor’s behalf for a case-based discussion, provided they make a written record and update the clinical supervisor about the conversation. This should only happen in limited circumstances where the clinical supervisor is exceptionally unable to meet with the doctor themselves.
The doctor's clinical work must be closely supervised.

The clinical supervisor is required to take overall responsibility for the arrangements for the doctor’s supervision. In discharging their responsibility to provide the doctor with clinical supervision, it is expected the clinical supervisor will:

- be available to give advice and/or assistance to the doctor at all times
- meet with the doctor formally, at least once a fortnight, for a case-based discussion
- meet with the doctor at least once a week for a feedback session.

In addition to the requirements that must be met to act as a deputy providing clinical supervision, a named deputy or deputies must:

- be available to give advice and/or assistance at all times
- provide feedback to the clinical supervisor about the doctor's clinical practice.

A named deputy may meet with the doctor on the clinical supervisor’s behalf for a case-based discussion or feedback session, provided they make a written record and update the clinical supervisor about the conversation. This should only happen in limited circumstances where the clinical supervisor is exceptionally unable to meet with the doctor themselves.
The doctor must be directly supervised.

The clinical supervisor is required to take overall responsibility for the arrangements for the doctor’s direct supervision and ensure all aspects of the doctor’s clinical work are subject to oversight. In discharging their responsibility to provide the doctor with clinical supervision, it is expected the clinical supervisor will:

- ensure any activity that involves patient contact, such as in person or remote consultations, examinations and procedures is supervised at all times
- ensure that all of the supervised doctor’s prescribing is monitored, in a manner that the clinical supervisor feels provides suitable safeguards
- meet with the doctor formally, at least once a fortnight, for a case-based discussion
- meet with the doctor at least once a week for a feedback session
- make and oversee arrangements for a suitable deputy or deputies to directly observe all aspects of the doctor’s clinical work. The arrangements must include mechanisms for the named deputy or deputies to provide feedback to the clinical supervisor about the doctor’s clinical practice. This feedback must be reviewed with the doctor at each feedback session.

In addition to the requirements that must be met to act as a deputy providing clinical supervision, a named deputy or deputies must:

- observe all aspects of the doctor’s clinical work, including monitoring prescribing if requested by the clinical supervisor, and be available to give advice and/or assistance at all times
- provide feedback to the clinical supervisor about the doctor’s clinical practice.

A named deputy may meet with the doctor on the clinical supervisor’s behalf for a case-based discussion or feedback session, provided they make a written record and update the clinical supervisor about the conversation. This should only happen in limited circumstances where the clinical supervisor is exceptionally unable to meet with the doctor themselves.
### Educational supervision

Doctors whose fitness to practise is impaired as a result of deficient professional performance must all have an educational supervisor when they are in a medical post. Educational supervision may also be required in other cases where a doctor’s fitness to practise is found to be impaired.

Educational supervision is given by an educational supervisor who is an approved trainer appointed within the postgraduate training arrangements at a trust or board, led by the directors of medical education. The educational supervisor is responsible for the overall supervision and management of a doctor’s learning and educational progress throughout the period of supervision. The educational supervisor must agree to give the GMC regular feedback about the doctor’s educational progress, with reference to the aims of their personal development plan however the educational supervisor is not responsible for the supervision of the doctor’s clinical practice.

### Employer / contracting body

An employer is an organisation or individual that employs a doctor to provide medical services. For example, an NHS Trust may employ a full-time consultant oncologist under a contract of employment.

A contracting body is an organisation or individual with which a doctor has a contract to provide services in, or in relation to, any area of medicine. For example, a general practitioner (GP) may have a contract with National Health Service (NHS) England to provide primary care services to a group of patients, and a private doctor may have a contract with an individual patient to provide medical services directly to them.

In the case of locum doctors their employer may be the locum agency or out-of-hours service with which they are registered, and the contracting body will be the organisation in which they work.
English language tests acceptable to the GMC

The GMC routinely accepts two English language tests as evidence of English language competence – the academic version of the International English Test System (IELTS) and the medical version of the Occupational English Test (OET).

Both tests have four parts – listening, reading, writing and speaking and there is no pass or fail score for either test.

International English Language Testing System

Doctors sitting an IELTS will receive individual scores of between 9 and 1 for each of the four parts, and an overall score of up to 9 for all parts. We accept a score of at least 7 in each of the four parts, and an overall score of at least 7.5.

If doctors choose to submit an IELTS scores they must show evidence that:

a. they achieved a score of at least 7.0 in each testing area (speaking, listening, reading and writing), and an overall score of at least 7.5
b. they have achieved these scores in the same test
c. they took the academic version of the test.

Occupational English Test

Doctors sitting an OET will receive individual scores of between A and E, or a numerical score of between 500 and 0, for each of the four testing areas. We accept at least a grade B or a numerical score of at least 350 in each testing area.

If doctors choose to submit OET scores they must show evidence that:

a. they have achieved at least a grade B or a numerical score of at least 350 in each testing area (speaking, listening, reading and writing)
b. they have achieved these scores in the same test
c. they took the medicine profession version.

Feedback session

This is a structured discussion which is part of the arrangements for clinical supervision of a doctor who has close or direct supervision as a requirement of conditions or undertakings. The clinical supervisor and the doctor may both select cases on which to structure the discussion. The emphasis of the session is to give the doctor feedback, identify learning points, and give advice and support. These sessions should usually be held in person, but where this is not possible and the clinical supervisor and the doctor consider it is appropriate, these may be held remotely, using online and video link or other technological platforms, or telephone.
<table>
<thead>
<tr>
<th><strong>General sale list (GSL) medicines</strong></th>
<th>These are medicines which are available in a wide range of shops and pharmacies and may be bought without a prescription or pharmacist supervision.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Intimate examination</strong></td>
<td>For the purposes of undertakings and conditions an intimate examination is an examination of breasts, genitalia or the rectum, or an examination that requires exposure of these areas.</td>
</tr>
</tbody>
</table>
| **Locum** | A doctor who is standing in for an absent doctor, or who is temporarily covering a vacancy, in an established post or position. A locum is often, but not always, employed by a locum agency and carries out a locum placement at a hospital or GP practice etc.  

For a doctor with restricted registration, the GMC considers:  
- a fixed-term contract to be the same as a locum contract  
- where a minimum duration is specified in an undertaking or condition, a zero hours contract is not an acceptable alternative to a locum post or fixed-term contract  
- where a minimum duration is specified in an undertaking or condition, the locum post must require the doctor to work at least five sessions per week for the duration of the post or contract. The doctor must take into account any planned leave to ensure that the minimum duration of the post can be fulfilled in light of that leave.  

A locum appointment for training (LAT) post and a locum appointment for service (LAS) post to be the equivalent of a substantive post, therefore not a true locum post in the case of fully registered doctors, ie not provisionally registered doctors. |
| **Locum appointment for service (LAS)** | A short-term appointment used to fill a service gap in a training programme. LAS posts must not be taken on by provisionally registered doctors. |
| **Locum appointment for training (LAT)** | An appointment to fill a gap in a training programme. LAT posts are typically only available to those in the second year of the Foundation Programme (F2) in Scotland or Northern Ireland. |
Logs

A record of an individual clinical consultation, examination or procedure that is made at the time the consultation, examination or procedure is undertaken.

The log must always include the:

- doctor’s name
- date of the consultation, examination or procedure
- patient's anonymous identifier (e.g. NHS or hospital number)
- patient’s clinical signs and symptoms
- procedure carried out or diagnosis
- outcome
- any other information needed to meet the restriction on the doctor’s practise (eg signature of chaperone, supervising consultant, or workplace reporter to verify the information).

Medical supervision

Medical supervision is the framework the GMC uses to monitor a doctor’s health and progress during a period of restricted practise. Doctors whose fitness to practise is impaired as a result of adverse physical or mental health must have a medical supervisor.

The medical supervisor is appointed from an approved list held by the GMC. The medical supervisor is not responsible for or involved in the doctor’s treatment or care. The supervisor meets with the doctor regularly to discuss their progress, and liaises with any treating doctors, as well as the workplace, clinical or educational supervisors. The medical supervisor will obtain information from a variety of sources but will not disclose confidential information to an employer without the doctor’s consent, except in exceptional circumstances.

The medical supervisor reports to the GMC on a regular basis, setting out their opinion about the doctor’s progress under treatment, whether the doctor is complying with conditions or undertakings and the doctor’s fitness to practise in general.

Where the doctor has restrictions placed on their prescribing privileges, the medical supervisor will have responsibility for agreeing these. These should then be approved by the Responsible Officer.

Mentor

A more senior and experienced colleague who is able to offer guidance to a doctor. Mentoring is wide-ranging, covering clinical work, professional relationships and career plans. The relationship between the doctor and mentor is confidential and the GMC do not expect the mentor to give reports or feedback, other than to confirm that a mentoring relationship is in place.
### Misuse of Drugs Regulations 2001

Drugs controlled under the *Misuse of Drugs Act 1971* are placed in schedules 1–5 of the *Misuse of Drugs Regulations 2001* based on:

- an assessment of their medicinal or therapeutic usefulness and the need for legitimate access
- their potential harms.

The more harmful a drug, the higher the schedule and the stronger the regime around its availability.

| Schedule 1: | covers drugs that have no therapeutic value and are usually used in research under a Home Office licence. Examples include cannabis, MDMA (ecstasy) and lysergamide. |
| Schedule 2: | covers drugs that have therapeutic value, but are highly addictive. These are strictly controlled and subject to special requirements relating to their prescription, dispensing, recording and safe custody. Examples include potent opioids such as diamorphine and morphine. |
| Schedule 3: | covers drugs that have therapeutic value, but have slightly lighter control, special requirements relating to their prescription, dispensing, recording and safe custody (where applicable). Examples include temazepam, midazolam and buprenorphine, and methylphenobarbitone. |
| Schedule 4: | Part 1 covers benzodiazepines (examples include bromazepam, diazepam (Valium) and triazolam) and Part 2 covers anabolic and androgenic steroids (examples include prasterone, testosterone, nandrolone and bolandiol), which is subject to lighter regulation with no possession offence. |
| Schedule 5: | covers weaker preparations of Schedule 2 drugs that can be sold over the counter as a pharmacy medicine (without prescription). Examples include codeine, medicinal opium or morphine (in less than 0.2% concentration). |

For further information and a full list of drugs classified in each schedule, please refer directly to the legislation. Please note: Though the above list was correct at the time of publication of this document, drugs may sometimes be reclassified.

### Non-NHS post

Any paid or unpaid position where a doctor is employed or contracted to provide services in, or in relation to, any area of medicine within a private organisation or private setting. This includes providing services to NHS patients in a private setting.
### On-call duties

**For hospital doctors**
A doctor is on call when, as part of an established arrangement with their employer or contracting body, they are available outside their normal working hours, either at the workplace, at home or elsewhere, to attend work to deal with unplanned patient care.

**For GPs**
A GP may be on call when, as part of an established arrangement, they are available in normal working hours to deal with unplanned patient care. The on-call GP may be required to consult patients in the GP practice, using online and video link or other technological platforms, over the telephone, or at a patient’s home.

### One month
Any period of one calendar month, on a rolling basis.

### One session
A half day. Where this period is not appropriate, a session can be a continuous period of work of 3.5–5 hours.

### One week
Any period of seven days, on a rolling basis.

### Out of hours work
Work carried out during 18:30–08:00 on weekdays, and all day at weekends and on bank holidays. The GMC may approve a different work pattern when the normal hours of a doctor’s employer or contracting body do not match this time range. For example, a GP practice may normally be open from 07:00–19:00.

### Personal development plan (PDP)
A prioritised list of a doctor’s educational needs, intended learning aims and plans for continuing professional development over a defined period. All doctors should have an active PDP that is reviewed regularly throughout their appraisal process.

For doctors with conditions or undertakings, the PDP is a starting point for remediation or retraining. The plan should cover all areas of the GMC core guidance for doctors, *Good medical practice*, but must specifically set out an action plan for addressing the deficiencies listed in the relevant condition or undertaking.

Against each action, the PDP should set out measures that will help assess whether the action has been achieved and a target date for completing the action. The doctor’s responsible officer (or their nominated deputy) can give a doctor advice on how to prepare a PDP. But it is the doctor’s responsibility to:

- prepare the PDP
- seek the responsible officer’s approval on the prepared PDP
- carry out the activities needed
- reflect on the impact of their learning on their performance and practice.
<table>
<thead>
<tr>
<th><strong>Pharmacy medicines (P)</strong></th>
<th>These are medicines or medicinal products that are sold in registered pharmacies. They are not on the general sale list and a pharmacist must make or supervise the sale.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Place of work</strong></td>
<td>The location in which you carry out your work as a doctor.</td>
</tr>
<tr>
<td><strong>Post</strong></td>
<td>Any paid or unpaid position where a doctor is employed or contracted to provide services in any area of medicine, or in relation to any area of medicine, e.g. research, teaching or pharmaceuticals. A post can be on a locum or a substantive basis and includes work carried out in a private hospital, organisation or setting where the doctor holds practising privileges and/or admitting rights.</td>
</tr>
<tr>
<td><strong>Practising privileges</strong></td>
<td>A formal arrangement with a private hospital or organisation for a doctor to consult with or treat their own private patients on the premises of the hospital or organisation.</td>
</tr>
</tbody>
</table>
| **Prescribing practices**  | There are three ways a doctor may have responsibility for or come into contact with drugs. These are:  

**To administer** - To give a drug to a patient by any prescribed route. This includes administering a drug that has been prescribed by another healthcare practitioner, for example an intravenous painkiller in Accident and Emergency, in which case the doctor will come into direct contact with the drug.  

**To have primary responsibility** - A doctor has primary responsibility for a drug when:  
- they hold the drug for transportation for the purposes of future administration  
- they are the practitioner with overall responsibility for the administration and disposal of a drug.  

**To prescribe** - To authorise the administration of a drug to a patient by signing a document setting out:  
- the name of the drug  
- the amount to be administered  
- the route of administration  
- the timing of administration.  

The doctor may give the prescription to the patient or another healthcare practitioner, in which case the doctor may never come into direct contact with the drug which they have prescribed. |
| **Prescription-only medication (POM)** | These are medicines which must be prescribed by an appropriate practitioner, e.g. a registered doctor, dentist, paramedic, pharmacist, nurse or midwife responsible for your treatment. |
| **Prohibitive undertakings** | Undertakings that prohibit a doctor from working in a particular area of medicine or from performing a specific procedure. |
### Provisional registration

Under the *Medical Act 1983*, a UK medical graduate is entitled to provisional registration with a licence to practise so long as their fitness to practise is not impaired. The purpose of provisional registration is to enable a graduate to participate in and complete an acceptable programme for provisionally registered doctors.

The only acceptable programme for provisionally registered doctors that the GMC recognises is the first year of the Foundation Programme (F1). Provisionally registered doctors are only allowed to take up F1 posts in the Foundation Programme and to do so they must also hold a licence to practise.

According to the GMC guidance *Promoting excellence: standards for medical education and training*, F1 doctors are not allowed to take on any form of locum appointment, except a locum appointment for training (LAT) post approved by the F1 doctor’s postgraduate deanery, local education and training board (LETB) or foundation school, and their medical school. LAT posts are however, typically only available at F2.

### Responsible officer

Most doctors who are registered with a licence to practise in the UK are linked to a Responsible Officer (RO) – a senior doctor who makes sure the doctor is meeting the GMC’s standards, including keeping their skills and knowledge up to date. The link is made through the doctor having a prescribed connection to an organisation with an RO. The RO must be registered with a licence to practise in the UK and have been practising for more than five years. In some cases, this may mean that the role is an extension of the current role of the medical director.

As part of our system of checks on a doctors’ revalidation, the RO makes a recommendation to the GMC, usually every five years, about whether the doctor should continue to be registered with a licence to practise. The RO is also responsible for making sure the systems of local clinical governance and appraisal in their organisation are appropriate for revalidation.

Responsible Officers play a role in monitoring a doctor’s compliance with restrictions and ensuring that return to practice is appropriately and safely managed. The restrictions ensure that ROs (or their nominated deputies) are involved in approving those arrangements.

If the doctor who is subject to restrictions (undertakings and/or conditions) on their practice does not have a RO, the doctor should identify another person with the necessary expertise and ability who is able to fulfil this role. That person must agree that they are able to fulfil the role. If the doctor has a Suitable Person (SP) for the purposes of revalidation, that person may be able to take on this role as they already monitor restrictions for the purpose of revalidation.

Please note that there is no legal requirement for the doctor’s SP to fulfil this role. However, they may agree to do so. If the SP is not to fulfil this role, the doctor should ask another person with the necessary experience and ability who agrees to fulfil this role. Any such arrangement must be agreed with the GMC prior to the doctor starting or restarting work. If the doctor does not have a RO and cannot identify an appropriate person to fulfil this role, they should inform their GMC caseworker and should not work unless and until alternate or other arrangements have been able to be agreed with the GMC.

More information about the role of a RO in monitoring a doctor’s compliance with restrictions may be found at [http://www.gmc-uk.org/concerns/employers_information.asp](http://www.gmc-uk.org/concerns/employers_information.asp).
<table>
<thead>
<tr>
<th><strong>Senior clinician</strong></th>
<th>The most senior person with clinical responsibility for your workplace.</th>
</tr>
</thead>
</table>
| **Training programme** | A programme is a formal alignment or rotation of placements, which together comprise a programme of training in a given specialty (including GP and foundation training) or sub-specialty. A programme may either deliver all of the curriculum through linked stages in an entirety to Certificates of Completion of Training, or the programme may deliver different component elements of the approved curriculum.  

The GMC approves programmes of training in all specialties, including general practice and foundation, which are based on a particular geographical area (which could cover one or more postgraduate deaneries or local education and training boards). They are managed by a training programme director (TPD) or their equivalent. A programme is not a personal programme undertaken by a particular doctor in training. |
| **Work** | In the context of the restrictions banks, work means to work as a registered medical practitioner. |
Working remotely

This describes the circumstances where a doctor is carrying out their duties and is not physically present in the same place as the patient and/or their colleague(s). This may include remote consultations, which take place between a patient and a doctor(s), or participation in clinical meetings, using online and video link or other technological platforms, or telephone, as opposed to face-to-face.

When working remotely the doctor may be physically present in their usual place of work or carrying out their duties from another location, such as from home, as agreed with their employer.
Every doctor who is working and has conditions or undertakings on their registration must have a workplace reporter, appointed by the responsible officer, with the exception of doctors with interim conditions and doctors with prohibitive undertakings. The workplace reporter would normally be the doctor's immediate line manager or a senior colleague. In exceptional circumstances, the workplace reporter may be a senior administrator in the GP practice or hospital, or from the trust or board.

The workplace reporter must give regular feedback to the GMC, the medical supervisor and the responsible officer (or their nominated deputy). Feedback should include:

- confirmation that the doctor is complying with their practice-related conditions or undertakings
- any information which shows the doctor is progressing and which may suggest that restrictions may be relaxed or removed
- confirmation and details of complaints or concerns received about the doctor which reach the GMC thresholds guidance
- any other relevant information and documentation.

More detailed information and guidance can be found in the document *Workplace reporting for doctors with restrictions on their practice.*