

Briefing note 3 – Annex E

Academic script

The following pages contain the final questionnaire for academic questions for the 2026 National Training Survey of doctors in training.

- Doctors in training on an academic programme will be presented with all of the questions listed except for ACADQ100.
- Doctors in specialty training will be presented with ACADQ100 – ACADQ123
- Each row represents an individual question (or the text on the page).
- The first column shows the question code.
- Branching is shown in the final column.
- Indicators are marked with an asterisk.

Question number	Question	Answers	Indicator/ standalone	Branching
ACADQ100	<p>The following section asks about experiences undertaking clinical academic research or study. This may be as part of an integrated clinical academic programme, a locally or organisation-funded scheme, or the use of your protected research time to conduct research in a post. If any of the above applies, please select yes to answer the academic questions, even if the time wasn't protected.</p> <p>Have you used your protected research time to undertake research in the last 12 months?</p>	Yes No	Academic training (generic script only)	'Yes' branches to academic questions. 'No' skip academic questions
Questions about your experiences as an academic trainee.				

ACADQ101	<p>Which, if any, of the following clinical academic roles do you currently hold?</p> <p>Please note - an academic traineeship occurs when a trainee is undertaking formal academic training alongside their clinical training or has taken time out of clinical training to undertake academic training.</p>	<p>Specialised Foundation Programme (SFP) Academic Clinical Fellow (ACF) – England Clinical Research Training Fellowship (CRTF) – England Clinical Lecturer – England Academic Clinical Fellow (ACF) – Northern Ireland Academic Clinical Lecturer (ACL) – Northern Ireland General Practice Academic Research Training Scheme (GPARTS) – Northern Ireland Clinical Research Fellow (CRF) – Scotland Clinical Teaching Fellow – Scotland Scottish Clinical Research Excellence Development Scheme (SCREDS) lecturer Clinical Lecturer – Wales General Practice Specialty Academic Training (GPSAT) programme – Wales Wales Clinical Academic Training (WCAT) Fellow Other academic role Not applicable</p>	Academic training
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ACADQ102	Which, if any, of the following organisations fund the academic component of your post?	National Institute for Health Research (NIHR) Chief Scientist Office (CSO) Health and Care Research Wales (HCRW) Health and Social Care Research and Development (HSC R&D Division) Medical Research Council (MRC) The Wellcome Trust Locally funded by a trust University or other higher education institution Royal College/Faculty fellowship, award or grant Other institution/charity funding Other I don't know Not applicable	Academic training
ACADQ103	Please select the institution the academic component of your post is associated with:	Institution list...	Academic training
ACADQ104	What is your main area of research/academic activity? Please select one.	Clinical trials and therapeutic intervention Translational medicine Biomedical and laboratory research Medical education and workforce development Health system leadership and organisational development Health data science Health informatics Population health and epidemiology Digital health, AI and data-driven technologies Primary, community and integrated care Other	Academic training

ACADQ105	Do you have a clear idea of how your research/academic time is going to be structured for the duration of your current post?	Yes, I have a detailed and clear structure Yes, I have a general idea, but some details are unclear Yes, I have a rough idea, but it's mostly unstructured No, I have no idea how it's structured Not applicable - I don't expect to have dedicated research/academic time	Academic training	<p>"Yes, I have a detailed and clear structure Yes, I have a general idea, but some details are unclear Yes, I have a rough idea, but it's mostly unstructured" branches to ACADQ106</p> <p>"No, I have no idea how it's structured Not applicable - I don't expect to have dedicated research/academic time" branches to ACADQ107</p>
ACADQ106	On what basis is your research/academic time structured?	Day release (e.g. 1 or 2 days a week) Block release (e.g. 6 weeks to 6 months exclusive research time) Hybrid day release and block release arrangement Not sure	Academic training	
ACADQ107	To what extent has your research/academic time been protected since starting your current post (excluding on-call commitments)?	Always protected Occasionally used for clinical service Frequently used for clinical service	Academic training	
ACADQ108	To what extent has your research/academic time been protected within the last year (excluding on-call commitments)?	Always protected Occasionally used for clinical service Frequently used for clinical service	Academic training	
ACADQ109	When your protected research/academic time is used for clinical service, how often are you able to take back an equivalent amount of time at a later date?	Always Often Sometimes Rarely Never Not applicable	Academic training	
ACADQ110	To what extent do you agree or disagree with the following statement? My on-call commitments do not adversely affect my research/academic time.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Not applicable - I don't have on-call commitments	Academic training	

ACADQ111	<p>Which, if any, of the following supervisors support you with your research/academic study? Tick all that apply.</p> <p>Research supervisor: Provides day-to-day supervision of your research project, including study design, methodology, analysis, and outputs.</p> <p>Academic supervisor: Provides oversight of your overall academic training and development, including career progression, training opportunities, and balancing clinical and academic commitments.</p> <p>Educational supervisor: Responsible for the overall supervision and management of a trainee's learning and educational progress during a placement or series of placements.</p>	<p>Academic supervisor Research supervisor Educational supervisor I do not currently have a supervisor supporting my research/academic study I'm not sure</p>	Academic training	
ACADQ112	<p>Overall, how would you rate the quality of the supervision that supports your research or academic study?</p>	<p>N/A - I don't have academic-specific supervision Very good Good Neither good nor poor Poor Very poor</p>	Academic training	
ACADQ113	<p>Have you had a formal review of your academic progress in your current post (e.g. through an appraisal or development of a personal development plan)?</p>	<p>Yes No Don't know</p>	Academic training	<p>"Yes" branches to ACADQ114 "No Don't know" branches to ACADQ115</p>
ACADQ114	<p>To what extent do you agree or disagree with the following statement? The formal review of my academic progress was useful.</p>	<p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree</p>	Academic training	
ACADQ115	<p>Have you received career advice about progressing a clinical academic career?</p>	<p>Yes, and it was useful Yes, but it wasn't useful No, but this will happen No, but it wasn't necessary No, but I would like to</p>	Academic training	
ACADQ116	<p>Have you had access to an academic mentoring scheme?</p>	<p>Yes (and I have used it) Yes (but I haven't used it) No I don't know</p>	Academic training	
ACADQ117	<p>To what extent do you agree or disagree with the following statements? The clinical and academic aspects of my post are well integrated.</p>	<p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Not applicable</p>	Academic training	
ACADQ118	<p>My Training Programme Director supports me to focus on my academic/research work, including accommodating this alongside clinical requirements.</p>	<p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Not applicable</p>	Academic training	

ACADQ119	My Specialty Academic Lead(s) provides appropriate support and guidance to help me meet the academic requirements in my current post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Not applicable	Academic training	
ACADQ120	I am able to meet both the clinical and academic training requirements of my post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree	Academic training	
ACADQ121	What are the planned outputs of your research activity? (Tick all that apply)	Data sets Software Peer-reviewed publications /research papers Securing further funding/grants Conference abstracts/presentations Policy Intellectual property Therapeutics Guidelines Educational programme (e.g. a course, module or curricula) Patient and public involvement and engagement (PPIE) activities Other	Academic training	
ACADQ122	Thinking about your role in clinical academia/research, which of the following best describes what you expect to be doing one year from now? Select one option only.	Clinical academic post in the UK Clinical academic post abroad Specialty training in the UK AND involved in research/academia Specialty training in the UK NOT involved in research/academia Medical related fellowship/PhD position Non-training clinical work in the UK (e.g. locally employed or SAS role) Clinical work abroad Career break Leaving medicine permanently Undecided Other	Academic training	“Clinical academic post abroad Specialty training in the UK AND involved in research/academia Specialty training in the UK NOT involved in research/academia Non-training clinical work in the UK (e.g. locally employed or SAS role) Clinical work abroad Career break Leaving medicine permanently” branches to ACADQ123 Any other response branches to ACADQ124

ACADQ123	Reflecting on your answer to the previous question, which of the following factors have influenced your plans? (Tick all that apply)	Change in research or career interests Preference for more clinical work Difficulties securing research funding Limited availability of academic or research posts Administrative or bureaucratic barriers to research Insufficient protected research or academic time Better academic or research opportunities outside the UK Desire for more flexible working arrangements Lack of support from academic or research supervisors Difficulty accessing essential research staff or infrastructure Financial pressures or considerations Caring or family responsibilities Unsatisfactory contract terms (e.g. pay, pension, leave) Poor work–life balance Other	Academic training
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The following questions are presented only to those doctors who are in a clinical academic programme. All other trainees will return to the generic survey script at this point.

ACADQ124	Are you formally working on a Less Than Full Time (LTFT) basis, which has been approved by your deanery/NHSE regional team?	Yes No I applied to work LTFT, but it was not approved I considered working LTFT, but I did not apply	Academic training - Less than full time training	'Yes' branches to ACADQ125 'No' branches to ACADQ130 'I applied to work LTFT, but it was not approved' branches to ACADQ127 'I considered working LTFT, but I did not apply' branches to ACADQ129
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ACADQ125	In your current post, what percentage of full-time working are you approved to do?	Less than 50% 50% 60% 70% 80% More than 80% Other Uncertain	Academic training - Less than full time training
ACADQ126	This question is about challenges you may have faced training less than full time in your current post. In this post have you experienced any of the following challenges working less than full time? (tick all that apply)	N/A - I've not experienced challenges LTFT in this post Rota design issues Balancing clinical and academic/research commitments Balancing work and personal commitments Financial concerns Negative workplace attitudes towards LTFT Changing posts process Availability of LTFT posts Administrative issues e.g. annual leave allocation or being paid incorrectly Other	Academic training - Less than full time training
ACADQ127	The next two questions are about your experience of applying for less than full time training (LTFT). To what extent do you agree or disagree with the following statements? The application process for LTFT was straightforward.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree I don't know Not applicable – I don't remember	Academic training - Less than full time training
ACADQ128	When I applied for LTFT I received clear and helpful guidance from my NHSE regional team/deanery. This may be through a LTFT champion, Training Programme Director or other person.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree I don't know Not applicable - I don't remember Not applicable - I didn't require any guidance from my NHSE regional team or deanery	Academic training - Less than full time training

ACADQ129

The following question asks about your reasons for working less than full time. There are two options for caring for a child - to separate out those caring for a child with additional needs. Feel free to select both if applicable.

Which of the following best describes why you chose to train (or have considered training) on a less than full time basis? (tick all that apply).

Disability, illness or health related reason | Childcare | Caring for a child with a disability, long term illness or additional needs | Caring for an adult (e.g. a parent, family member or friend) | Other work commitments (e.g. professional development opportunities) | Other external commitments (e.g. leisure, religious or community commitments) | To focus on clinical academic research or study | To have a better work life balance | To support my return to work following time out of clinical practice | I'm part of a current (or previous) LTFT pilot offered by my speciality | Other

Academic training - Less than full time training

ACADQ130	<p>This section of the survey is focused on burnout. There's no obligation to answer these questions, but if you do, you'll help us understand the prevalence of burnout risk in medicine and any impact this is having on training. The findings will contribute towards wider research in this area and will help shape future support for doctors in training.</p> <p>Your answers are confidential. We will assign your responses into one of three burnout categories (low, moderate, high risk) and report this in aggregated and confidential form (i.e. the number of respondents per category). We won't publish the results if you work in a department with fewer than three trainees or trainers.</p> <p>The questions are taken from the Copenhagen Burnout Inventory – an internationally recognised and validated question set designed to measure wellbeing. Work-related burnout is defined in the Inventory as a state of prolonged physical and psychological exhaustion, which is perceived as related to the person's work.</p> <p>If you're worried you may be experiencing burnout and don't know who to approach locally for support, our website: www.gmc-uk.org/wellbeingsupport has contact details for organisations who can help.</p> <p>Would you like to answer the following burnout questions?</p>	Yes No	Academic training - Burnout	'Yes' branches to ACADQ131 'No' branches to close
ACADQ131	Is your work emotionally exhausting?	To a very high degree To a high degree Somewhat To a low degree To a very low degree	Academic training - Burnout	
ACADQ132	Do you feel burnt out because of your work?	To a very high degree To a high degree Somewhat To a low degree To a very low degree	Academic training - Burnout	
ACADQ133	Does your work frustrate you?	To a very high degree To a high degree Somewhat To a low degree To a very low degree	Academic training - Burnout	
ACADQ134	Do you feel worn out at the end of the working day?	Always Often Sometimes Seldom Never/almost never	Academic training - Burnout	
ACADQ135	Are you exhausted in the morning at the thought of another day at work?	Always Often Sometimes Seldom Never/almost never	Academic training - Burnout	

ACADQ136	Do you feel that every working hour is tiring for you?	Always Often Sometimes Seldom Never/almost never	Academic training - Burnout
ACADQ137	Do you have enough energy for family and friends during leisure time?	Always Often Sometimes Seldom Never/almost never	Academic training - Burnout
