

Briefing note 3 – Annex B

Programme specific questions for Foundation programme doctors in training.

The following pages contain the programme specific questions for doctors in training completing their foundation programme included in the 2026 National Training Survey.

- Each row represents an individual question (or the text on the page).
- The first column shows the question code.
- Branching is shown in the final column.
- These questions will be presented to Foundation trainees based on their training level.

Question number	Question	Answers	Answer type	Branching	Training level
FOPRQ120	To what extent do you agree or disagree with the following statement? I was adequately prepared for my first foundation post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only	IF Strongly agree Agree Neither agree nor disagree Don't know skip FOPRQ142. IF Disagree Strongly disagree continue to FOPRQ142	F1

Question number	Question	Answers	Answer type	Branching	Training level
FOPRQ142	Which of the following factors do you think contributed to you feeling less prepared? Tick all that apply.	Geographical re-location Lack of information about support for re-location (e.g. removal expenses) Living away from family / limited support networks in my training location Working in a different type of hospital or health system, compared to previous experience (e.g., working in Scotland after training in England, moving from a district general hospital to an acute trust etc) Lack of contacts (friends/family etc) already working in the NHS to talk to Late notice of my training location Late notice of my rota Limited knowledge of the day-to-day reality of working as a foundation doctor Lack of information on escalating concerns/speaking up, contact points etc. Inadequate training in how to use the IT hardware / software in my hospital Lack of knowledge and guidance on the paperwork and documentation required for a foundation post Medical school curriculum didn't sufficiently cover the required clinical knowledge Other	Select as many as apply		F1
FOPRQ121	To what extent do you agree or disagree with the following statement? My skills in clinical practical procedures were adequate to prepare me for my first foundation post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ143	To what extent do you agree or disagree with the following statement? My clinical knowledge was adequate to prepare me for my first foundation post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ144	To what extent do you agree or disagree with the following statement? My skills in the diagnosis and management of patient presentations were adequate to prepare me for my first foundation post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ122	To what extent do you agree or disagree with the following statement? My skills in the early management of acutely ill patients were adequate to prepare me for my first foundation post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1

Question number	Question	Answers	Answer type	Branching	Training level
FOPRQ123	To what extent do you agree or disagree with the following statement? My skills in prescribing were adequate to prepare me for my first foundation post.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ133	To what extent do you agree or disagree with the following statement? The Placement Supervision Group (PSG) is an effective feedback tool for my professional development.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ134	To what extent do you agree or disagree with the following statement? The summary narrative is helping me plan the evidence I need to achieve the curriculum outcomes.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ135	To what extent do you agree or disagree with the following statement? I have been able to gain sufficient experience of mental health conditions in my posts to enable me to complete the relevant Supervised Learning Events (SLEs).	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1
FOPRQ125	To what extent do you agree or disagree with the following statements? I gained enough clinical experience during F1 to prepare me for the transition to F2.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree	Select one answer only		F2
FOPRQ136	To what extent do you agree or disagree with the following statement? My e-portfolio is a useful record that will enable me to access future career opportunities.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F2
FOPRQ137	To what extent do you agree or disagree with the following statement? Doctors from certain backgrounds are disadvantaged in achieving the Foundation curriculum (2021) requirements (e.g. those with protected characteristics, international medical graduates and those working less than full time).	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F2
FOPRQ138	To what extent do you agree or disagree with the following statement? My supervisor understands my needs as a Foundation doctor.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F2
FOPRQ139	Do you have time in your working week to keep your e-portfolio up to date?	Yes Once or twice per month I have to catch up in my own time No, I have to do most of it in my own time	Select one answer only		F2

Question number	Question	Answers	Answer type	Branching	Training level
FOPRQ128	Please select which (if any) of the following curriculum competencies/outcomes/activities you had not fully met or undertaken by the end of the last training year, but would have expected to. Gaps may have occurred for any reason. (tick all that apply)	N/A - I had reached all my required curriculum outcomes and/or experiences Clinical outcomes/competencies Experience in clinical settings Operative or procedural outcomes/competencies Experience in operative/practical procedures Passing of relevant exams Workplace-based assessments Completion of courses relevant for my specialty Research Audit Teaching Quality improvement Management and leadership skills Other non-clinical skills Not applicable	Select as many as apply		F1 F2
FOPRQ149	Have you attempted a specialty exam in the last 12 months? A specialty exam is a formal assessment set by your royal college or faculty to evaluate your knowledge and skills in a specific medical specialty.	Yes No	Select one answer only	'Yes' - branch to FOPRQ150 'No' - branch to FOPRQ141	F1 F2
FOPRQ150	Reflecting on feedback you received from your royal college or faculty following your most recent exam attempt, to what extent do you agree or disagree with the following statements? The feedback I received helped me to understand my performance. (tick all that apply)	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree N/A - I haven't received any feedback from my college or faculty	Select one answer only		F1 F2
FOPRQ151	The feedback I received has influenced my preparation for future exams/clinical practice. The feedback I received helped me to understand my performance. (tick all that apply)	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree N/A - I haven't received any feedback from my college or faculty	Select one answer only		F1 F2
FOPRQ152	The feedback I received was delivered in a timely manner. The feedback I received helped me to understand my performance. (tick all that apply)	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree N/A - I haven't received any feedback from my college or faculty	Select one answer only		F1 F2
FOPRQ141	To what extent do you agree or disagree with the following statement? My core teaching sessions cover all fifteen specific areas of core teaching listed in the curriculum.	Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know	Select one answer only		F1 F2

Question number	Question	Answers	Answer type	Branching	Training level
FOPRQ145	In this post, I am able to attend core teaching:	Every session (75-100% of core teaching sessions attended) Most sessions (50-74% of core teaching sessions attended) Some sessions (25-49% of core teaching sessions attended) Rarely or never attend a session (0-24% of core teaching sessions attended)	Select one answer only		F1 F2
FOPRQ146	Do you expect to meet all the curricular requirements to complete training by your original CCT date?	Yes – I expect to complete my training in the time originally planned No – I may require an extension to complete training	Select one answer only		F1 F2
FOPRQ147	Have you discussed your curricular requirements to complete training with your educational supervisor?	Yes – I have discussed with my educational supervisor Yes – I have discussed with my educational supervisor and expect to require an extension No – I expect to discuss with my educational supervisor before the end of this training year No – I do not expect to meet with my educational supervisor before the end of this training year	Select one answer only		F1 F2
FOPRQ148	Have you agreed a plan to complete your curricular requirements with your educational supervisor	Yes No I don't know Not applicable	Select one answer only		F1 F2
UKMEDQ101	Upon completion of the foundation programme, which specialty for further training (or other option) do you currently expect to be your first choice?	Anaesthetics (core or ACCS) Internal Medicine Training (Stage One) Surgical training (core surgical training or surgical specialty started at ST1) Emergency Medicine (including ACCS - Emergency Medicine) ACCS - Intensive Care Medicine General Practice Obstetrics and gynaecology Ophthalmology Paediatrics Pathology specialties Psychiatry Public Health Radiology Academic Clinical Fellowship Community sexual and reproductive health Undecided (still considering between specialties) I intend to leave or take a break from training	Select one answer only	'I intend to leave or take a break from training' branches to UKMEDQ104	F1, F2

Question number	Question	Answers	Answer type	Branching	Training level
UKMEDQ103	Thinking about the answer you gave in the previous question, please indicate which of the following was important in deciding your first choice of specialty. Tick all that apply	Advice from seniors/consultants Financial rewards associated with specialty Intellectual challenge of specialty Good work/life balance in specialty Prestige associated with specialty The continuity of patient care provided in the specialty Geographical location of available posts in specialty Positive experience in clinical posting in specialty My skill set is well suited to the specialty My personality is well suited to the specialty	Select as many as apply		F1, F2
UKMEDQ104	Which of the following best describes what you intend to do after you leave the foundation programme? Please select one option only.	Obtain a service post - i.e. work as a doctor but not in a training programme Take a career break i.e. return to practise medicine in the future Work as a doctor outside the UK (permanently) Work as a doctor outside the UK (temporarily) Leave medicine permanently Other	Select one answer only		F1, F2
UKMEDQ106	If you selected other to the question above, please describe what you intend to do after you leave the foundation programme.	Free text			F1, F2
UKMEDQ105	Thinking about the answer you gave to the previous question, please indicate which of the following were important to you in deciding to leave or take a break from training. Please select as many as apply.	Work/life balance Better financial rewards outside of UK training I want to gain further experience before making a decision Working in foundation programme placements has led to burnout My intellectual interests now lie elsewhere There is no specialty well suited to my personality A career break for family reasons None of the above	Select as many as apply		F1, F2

Thank you for completing the questions about your specialty programme. Click next to move to the next section.