

General Medical Council

Elizabeth Cara APPLEFORD

Doctor

GMC reference number: 8149045

 Provisionally registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is not subject to revalidation;

Only doctors holding full registration with a licence to practise are subject to revalidation.

Profession	Doctor
Registered qualification	MB BCH BAO 2026 Queens University of Belfast
Provisional registration date	06 Jun 2026
Gender	Female

General information

Provisional registration with a licence to practise only allows this doctor to participate in a programme for provisionally registered doctors. This means that they can only practise in approved Foundation Year 1 posts. The law does not allow this doctor to undertake any other type of post including all service posts at F1 level.

This doctor may only undertake locum appointments for training (LAT) posts where the Foundation School has been involved in the recruitment of the doctor to that post, the post is part of a programme and leads to the award of a Certificate of Experience.

[More information about employment check requirements](#)

Annual retention fee due date: [See further information](#)

Registrant history

Registration and licensing history (Since 20 October 2005)

From
.....

To
.....

Status
.....

06 Jun 2026

Present

Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 22 Sep 2026 at 08:57 BST

The details shown are valid at the date and time of the search only.