

General Medical Council

Helen Alexandra PAPANASTASSIOU

Doctor

GMC reference number: 8119830



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS Education for Scotland (NES)

Responsible officer Emma Watson

Profession

Doctor

Registered qualification MB BS 2025 University College London

Provisional registration date 10 Jul 2025

Full registration date 05 Aug 2026

Gender Female

General information

This doctor's registration or restoration was granted subject to the requirements of our approved practice setting (APS) scheme.

You can find out what this means at www.gmc-uk.org/aps.

[More information about employment check requirements](#)

Annual retention fee due date: 05 Aug 2027

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	Foundation Programme
Postgraduate training organisation	NHS Education for Scotland

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
05 Aug 2026	Present	Registered with a licence to practise
10 Jul 2025	05 Aug 2026	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 07 Oct 2026 at 20:05 BST
The details shown are valid at the date and time of the search only.