

General Medical Council

Cara Mai HOPE

Doctor

GMC reference number: 8112332



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

This doctor is not currently connected to a Designated Body.

Profession	Doctor
Registered qualification	MB BCH 2025 Swansea University
Provisional registration date	04 Jul 2025
Full registration date	05 Aug 2026
Gender	Female

General information

This doctor's registration or restoration was granted subject to the requirements of our approved practice setting (APS) scheme.

You can find out what this means at www.gmc-uk.org/aps.

[More information about employment check requirements](#)

Annual retention fee due date: 05 Aug 2027

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	Foundation Programme
Postgraduate training organisation	Health Education and Improvement Wales

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
05 Aug 2026	Present	Registered with a licence to practise
04 Jul 2025	05 Aug 2026	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 04 Oct 2026 at 05:27 BST
The details shown are valid at the date and time of the search only.