

General Medical Council

Cara Sophie LANCASTER

Doctor

GMC reference number: 8054672



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body University Hospital Southampton NHS Foundation Trust

Responsible officer Christine Pearson

Profession

Doctor

Registered qualification BM BS 2024 University of Exeter

Provisional registration date 29 Jul 2024

Full registration date 06 Aug 2025

Gender Female

General information

This doctor's registration or restoration was granted subject to the requirements of our approved practice setting (APS) scheme.

You can find out what this means at www.gmc-uk.org/aps.

[More information about employment check requirements](#)

Annual retention fee due date: 06 Aug 2027

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	Foundation Programme
Postgraduate training organisation	NHSE Education Wessex

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
06 Aug 2025	Present	Registered with a licence to practise
29 Jul 2024	06 Aug 2025	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 01 Oct 2026 at 19:08 BST
The details shown are valid at the date and time of the search only.