

# General Medical Council

James Li Tong Paul FROST

Doctor

GMC reference number: 7734709



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHSE Education North East

Responsible officer Barbara Ashley

|                               |                                                              |
|-------------------------------|--------------------------------------------------------------|
| Profession                    | Doctor                                                       |
| Registered qualification      | MB BS 2020 The University of Hull and the University of York |
| Provisional registration date | 18 Apr 2020                                                  |
| Full registration date        | 04 Aug 2021                                                  |
| Gender                        | Male                                                         |

## General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 04 Aug 2027

## Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(\*). Details of the doctor’s training programme are displayed below:

|                                    |                           |
|------------------------------------|---------------------------|
| Programme                          | General Practice          |
| Postgraduate training organisation | NHSE Education North East |

(\*) Based on information provided to the GMC on an annual basis

## Registrant history

### Registration and licensing history (Since 20 October 2005)

| From        | To          | Status                                              |
|-------------|-------------|-----------------------------------------------------|
| 04 Aug 2021 | Present     | Registered with a licence to practise               |
| 18 Apr 2020 | 04 Aug 2021 | Provisionally registered with a licence to practise |

**Please note:**

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 16 Sep 2026 at 03:31 BST  
The details shown are valid at the date and time of the search only.