

General Medical Council

Lydia Helen KAY

Doctor

GMC reference number: 7727597



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHSE Education East of England

Responsible officer William Irish

Profession	Doctor
Registered qualification	MB ChB 2020 University of Leicester
Provisional registration date	08 May 2020
Full registration date	04 Aug 2021
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 04 Aug 2027

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	General Practice
Postgraduate training organisation	NHSE Education East of England

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
04 Aug 2021	Present	Registered with a licence to practise
08 May 2020	04 Aug 2021	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 10 Oct 2026 at 02:02 BST
The details shown are valid at the date and time of the search only.