

General Medical Council

Cara Lilli THOMAS

Doctor

GMC reference number: 7668451

 Registered with a licence to practise

GP

This doctor is on the GP Register

From 14 Dec 2025

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body	Cwm Taf Morgannwg University Health Board
Responsible officer	Dominic Hurford

Profession	Doctor
Registered qualification	MB BCH 2019 Swansea University
Provisional registration date	29 Jul 2019
Full registration date	05 Aug 2020
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 05 Aug 2027

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
05 Aug 2020	Present	Registered with a licence to practise
29 Jul 2019	05 Aug 2020	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 13 Sep 2026 at 08:44 BST

The details shown are valid at the date and time of the search only.