

General Medical Council

Helen Mary KAY

Doctor

GMC reference number: 7563000



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

This doctor is not currently connected to a Designated Body.

Profession	Doctor
Registered qualification	MB BS 2017 University College London
Provisional registration date	18 Jul 2017
Full registration date	01 Aug 2018
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2026

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	Core Psychiatry Training
Postgraduate training organisation	NHSE Education North West

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
01 Aug 2018	Present	Registered with a licence to practise
18 Jul 2017	01 Aug 2018	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 29 Sep 2026 at 11:40 BST
The details shown are valid at the date and time of the search only.