

General Medical Council

Rachel Laura HELME

Doctor

GMC reference number: 7544011



Registered with a licence to practise

GP

This doctor is on the GP Register

From 12 Jul 2026

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England North East and Yorkshire
Commissioning Region

Responsible officer Yasmin Khan

Profession

Doctor

Registered qualification MB BS 2017 University of Newcastle
upon Tyne

Provisional registration date 20 Jul 2017

Full registration date 01 Aug 2018

Gender Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

Registrant history

Registration and licensing history (Since 20 October 2005)

From *****	To *****	Status *****
30 Dec 2020	Present	Registered with a licence to practise
07 Aug 2019	30 Dec 2020	Registered without a licence to practise
01 Aug 2018	07 Aug 2019	Registered with a licence to practise
20 Jul 2017	01 Aug 2018	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 01 Oct 2026 at 08:35 BST

The details shown are valid at the date and time of the search only.