

General Medical Council

Helena Christina DEARDEN

Doctor

GMC reference number: 7529317



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body
NHSE Education Yorkshire and The Humber

Responsible officer
Jonathan Cooper

Profession	Doctor
Registered qualification	MB BS 2016 The University of Hull and the University of York
Provisional registration date	27 Jul 2016
Full registration date	02 Aug 2017
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 02 Aug 2026

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	General Practice
Postgraduate training organisation	NHSE Education Yorkshire and the Humber

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
02 Aug 2017	Present	Registered with a licence to practise
27 Jul 2016	02 Aug 2017	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 14 Sep 2026 at 17:56 BST
The details shown are valid at the date and time of the search only.