

General Medical Council

Helen STEPHENS

Doctor

GMC reference number: 7494002



Registered with a licence to practise

GP

This doctor is on the GP Register

From 04 Aug 2020

This doctor is a trainer approved by the GMC.

[View details...](#)

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England South West
Commissioning Region

Responsible officer Rupa Joshi

Profession Doctor

Registered qualification MB BS 2015 University College
London

Provisional registration date 27 Jul 2015

Full registration date 03 Aug 2016

Gender Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 03 Aug 2027

Trainer info

This doctor is approved by the GMC as a GP trainer.

Programme	General Practice Peninsula
Postgraduate training organisation	Health Education South West

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
03 Aug 2016	Present	Registered with a licence to practise
27 Jul 2015	03 Aug 2016	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 09 Sep 2026 at 11:32 BST
The details shown are valid at the date and time of the search only.