

# General Medical Council

## Parul SAPPAL Doctor

GMC reference number: 7488888



Registered with a licence to practise

GP

This doctor is on the GP Register

From 17 Aug 2021

This doctor is a trainer approved by the GMC.

[View details...](#)

SR

This doctor is not on the Specialist Register

### This doctor is subject to revalidation;

Designated body NHS England South East  
Commissioning Region

Responsible officer Shahed Ahmad

### Profession

Doctor

Registered qualification MBBS 2011 Baba Farid University of  
Health Sciences - Government Medical  
College Amritsar

Full registration date 25 Aug 2015

Gender Female

## General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 25 Aug 2026

## Trainer info

This doctor is approved by the GMC as a GP trainer.

Programme General Practice Thames Valley

Postgraduate training organisation Health Education Thames Valley

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## Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
25 Aug 2015	Present	Registered with a licence to practise

### Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

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Results of search on: 24 Jun 2026 at 10:32 BST

The details shown are valid at the date and time of the search only.