

General Medical Council

Helen Elizabeth PALFREY

Doctor

GMC reference number: 7436653



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHSE Education South London

Responsible officer Gary Wares

Profession	Doctor
Registered qualification	MB BS 2014 University of Newcastle upon Tyne
Provisional registration date	28 Jul 2014
Full registration date	05 Aug 2015
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 05 Aug 2027

Trainee info

This doctor is in a GMC approved training programme.

This doctor is currently undertaking a GMC approved postgraduate training programme(*). Details of the doctor’s training programme are displayed below:

Programme	General Practice
Postgraduate training organisation	NHSE Education South London

(*) Based on information provided to the GMC on an annual basis

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
01 May 2019	Present	Registered with a licence to practise
03 Aug 2016	01 May 2019	Registered without a licence to practise
05 Aug 2015	03 Aug 2016	Registered with a licence to practise
28 Jul 2014	05 Aug 2015	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 15 Sep 2026 at 17:54 BST
The details shown are valid at the date and time of the search only.