

General Medical Council

Ruth Elizabeth RALSTON

Doctor

GMC reference number: 7411137



Registered with a licence to practise

GP

This doctor is on the GP Register

From 05 Mar 2021

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England North East and Yorkshire
Commissioning Region

Responsible officer Yasmin Khan

Profession	Doctor
Registered qualification	MB ChB 2013 University of Glasgow
Provisional registration date	30 Jul 2013
Full registration date	06 Aug 2014
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 06 Aug 2027

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
06 Aug 2014	Present	Registered with a licence to practise
30 Jul 2013	06 Aug 2014	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 27 Sep 2026 at 19:15 BST

The details shown are valid at the date and time of the search only.