

General Medical Council

Helen ADDINGTON

Doctor

GMC reference number: 7385641



Registered with a licence to practise



This registrant has undertakings [View details...](#)

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body Faculty of Medical Leadership and Management

Responsible officer Richard Withnall

Profession

Doctor

Registered qualification MD 2008 Islamic Azad University - Tehran Faculty of Medicine

Full registration date 08 Jul 2019

Gender

Female

General information

This doctor's registration or restoration was granted subject to the requirements of our approved practice setting (APS) scheme.

You can find out what this means at www.gmc-uk.org/aps.

[More information about employment check requirements](#)

Annual retention fee due date: 08 Jul 2027

Registrant history

Fitness to practise history (Since 20 October 2005)

From

To

Status

Details

Undertakings on the registrant's registration

From 29 Apr 2024

1. To personally ensure the GMC is notified of the following information within seven calendar days of signing these undertakings: a the details of my current post, including i my job title ii my job location iii my responsible officer (or their nominated deputy) b the contact details for my employer and any contracting body, including my direct line manager c any organisation where I have practising privileges and/or admitting rights d any training programmes I am in e of the contact details of any locum agency or out-of-hours service I am registered with.
2. To personally ensure the GMC is notified: a of any post I accept, before starting it b that all relevant people have been notified of my undertakings in accordance with undertaking 15. c if any formal disciplinary proceedings against me are started by my employer and/or contracting body, within seven calendar days of being formally notified of such proceedings d if any of my posts, practising privileges or admitting rights have been suspended or terminated by my employer or contracting body before the agreed date, within seven calendar days of being notified of the termination e if I apply for a post outside the UK.
3. To allow the GMC to exchange information with any person involved in monitoring my compliance with my undertakings.
4. a To have a workplace reporter appointed by my responsible officer (or their nominated deputy). b Not to work until: i my responsible officer (or their nominated deputy) has appointed a workplace reporter ii I have personally ensured that the GMC has been notified of the name and contact details of my workplace reporter.
5. a To design a personal development plan (PDP), with specific aims to address the deficiencies in the following areas of my practice.
 - Maintaining Professional Performance
 - Assessment of Patient's Condition
 - Clinical Management
 - Record Keeping
 - Working with Colleagues
 - Relationships with Patientsb To get my PDP approved by my responsible officer (or their nominated deputy). c To give the GMC a copy of my approved PDP within three months of the date I agree these undertakings. d To give the GMC a copy of my approved PDP on request. e To meet with my responsible officer (or their nominated deputy), as required, to discuss my achievements against the aims of my PDP.
6. a To have an educational supervisor appointed by my responsible officer (or their nominated deputy). b Not to work until: i my responsible officer (or their nominated deputy) has appointed my educational supervisor ii I have personally ensured that the GMC has been notified of the name and contact details of my educational supervisor.
7. To have a mentor who is approved by my responsible officer (or their nominated deputy).
8. To only work at the level of a Foundation Year 1
9. To get the approval of the GMC before starting work in a non-NHS post or setting.
10. a To get the approval of my responsible officer (or their nominated deputy) , before working: i as a locum/in a fixed term contract ii out-of-hours iii on-call. b Not to work until: i My responsible officer (or their nominated deputy) has confirmed approval ii I have

personally ensured that the GMC has been notified of the approval of my responsible officer (or their nominated deputy).

11. Not to work in any locum post or fixed term contract of less than 12 weeks duration.

12. a To be directly supervised in all my posts by a clinical supervisor, as defined in the Glossary for undertakings and conditions. My clinical supervisor must be appointed by my responsible officer (or their nominated deputy). b Not to work until: i my responsible officer (or their nominated deputy) has appointed my clinical supervisor and approved my supervision arrangements ii I have personally ensured that the GMC has been notified of the name and contact details of my clinical supervisor and my approved supervision arrangements.

13. To personally ensure my performance assessment report 16 October 2023 is shared with: a my responsible officer (or their nominated deputy) b the responsible officer of the following organisations i my place(s) of work, and any prospective place of work (at the time of application) ii all my contracting bodies, and any prospective contracting body (prior to entering a contract) iii any organisation where I have, or have applied for, practising privileges and/or admitting rights (at the time of application) iv any locum agency or out-of-hours service I am registered with v If any organisation listed at (i-iv) does not have a responsible officer, to notify the person with responsibility for overall clinical governance within that organisation. If I am unable to identify the correct person, to contact the GMC for advice before working for that organisation c my immediate line manager and senior clinician (where there is one) at my place of work, at least 24 hours before starting work (for current and new posts, including locum posts) d my workplace reporter and educational supervisor and clinical supervisor.

14. To undertake an assessment of my performance, if requested by the GMC.

15. To personally ensure the following persons are notified of the undertakings listed at 1 to 16 a my responsible officer (or their nominated deputy) b the responsible officer of the following organisations: i my place(s) of work, and any prospective place of work (at the time of application) ii all my contracting bodies and any prospective contracting body (prior to entering a contract) iii any organisation where I have, or have applied for, practising privileges and/or admitting rights (at the time of application) iv any locum agency or out-of-hours service I am registered with v If any organisation listed at (i – iv) does not have a responsible officer, to notify the person with responsibility for overall clinical governance within that organisation. If I am unable to identify the correct person, to contact the GMC for advice before working for that organisation. c my immediate line manager and senior clinician (where there is one) at my place of work, at least 24 hours before starting work (for current and new posts, including locum posts).

16. To allow the GMC to disclose the above undertakings to any person requesting information about my registration status.

Registration and licensing history (Since 20 October 2005)

From	To	Status
08 Jul 2019	Present	Registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 08 Sep 2026 at 22:15 BST

The details shown are valid at the date and time of the search only.