

General Medical Council

Rita DE SOUSA MATOS ARESTA

Doctor

GMC reference number: 7332867



Registered without a licence to practise



This registrant has undertakings [View details...](#)

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is not subject to revalidation;

Only doctors holding full registration with a licence to practise are subject to revalidation.

Profession

Doctor

Registered qualification

Lic Med 2012 Universidade de Lisboa

Provisional registration date

03 Sep 2012

Full registration date

06 Aug 2014

Gender

Female

General information

This doctor is not licensed to practise medicine in the UK.

[More information about employment check requirements](#)

Annual retention fee due date: 06 Aug 2025

Registrant history

Fitness to practise history (Since 20 October 2005)

From

To

Status

Details

30 Dec 2016

Present

[This registrant has undertakings - view](#) ▼

Undertakings on the registrant's registration

From 30 Dec 2016

1. To notify the GMC within seven calendar days of signing these undertakings: a of the details of my current post, including my job title, job location and responsible officer (or their nominated deputy) information b of the contact details for my employer and/or contracting body, including my direct line manager c of any organisation where I have practising privileges and/or admitting rights d of any training programmes I am in e of the contact details of any locum agency I am registered with
2. To notify the GMC: a of any post I accept, before starting it b if any formal disciplinary proceedings against me are started by my employer and/or contracting body, within seven calendar days of being formally notified of such proceedings c if I apply for a post outside the UK.
3. To allow the GMC to exchange information with any person involved in monitoring my compliance with my undertakings.
4. a To have a workplace reporter approved by my responsible officer (or their nominated deputy) and to inform the GMC of these arrangements. b Not to start/restart work until my responsible officer (or their nominated deputy) has approved my workplace reporter and this approval has been forwarded to the GMC.
5. a To get the approval of the GMC Adviser before accepting any post. b To keep my professional commitments under review and limit my work if the GMC Adviser tells me to. c To stop work immediately if the GMC Adviser tells me to and to get the approval of the GMC Adviser before returning to work.
6. To get the approval of the GMC before starting work in a non-NHS post or setting.
7. Not to work: a out of hours b on call.
8. Not to work in any locum post or fixed term contract of less than 3 months duration.
9. To inform the following persons of the undertakings listed at 1 to 8: a my employer and/or contracting body b my responsible officer (or their nominated deputy) c my immediate line manager at my place of work, at least 24 hours before starting work (for current and new posts, including locum posts) d any prospective employer and/or contracting body, at the time of application e the responsible officer of any organisation where I have, or have applied for, practising privileges and/or admitting rights, at the time of application f any locum agency or out-of-hours service I am registered with
10. To allow the GMC to disclose the above undertakings to any person requesting information about my registration status.

Registration and licensing history (Since 20 October 2005)

From *****	To *****	Status *****
11 Jun 2019	Present	Registered without a licence to practise
06 Aug 2014	11 Jun 2019	Registered with a licence to practise
03 Sep 2012	06 Aug 2014	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 26 Sep 2026 at 17:04 BST

The details shown are valid at the date and time of the search only.