

General Medical Council

Cara Helene Surrey NEAL

Doctor

GMC reference number: 7148772



Registered with a licence to practise

GP

This doctor is on the GP Register

From 22 Aug 2017

This doctor is a trainer approved by the GMC.

[View details...](#)

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England South East
Commissioning Region

Responsible officer Shahed Ahmad

Profession	Doctor
Registered qualification	BM 2011 University of Southampton
Provisional registration date	26 Jul 2011
Full registration date	01 Aug 2012
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

Trainer info

This doctor is approved by the GMC as a GP trainer.

Programme	General Practice Brighton and Mid Sussex
Postgraduate training organisation	Health Education Kent, Surrey and Sussex

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
01 Aug 2012	Present	Registered with a licence to practise
26 Jul 2011	01 Aug 2012	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 13 Sep 2026 at 17:48 BST
The details shown are valid at the date and time of the search only.