

General Medical Council

Poonam VALAND

Doctor

GMC reference number: 7136519

Registered with a licence to practise

This doctor is not on the GP Register

This doctor is on the Specialist Register
Plastic surgery from 08 Sep 2025

This doctor is subject to revalidation;

In some circumstances we do not display the revalidation information for a doctor. This does not mean the doctor you are looking for does not have a designated body. If you need further details, please contact us.

Profession	Doctor
Registered qualification	BM BS 2011 Universities of Exeter and Plymouth
Provisional registration date	02 Aug 2011
Full registration date	01 Aug 2012
Gender	Female

General information

This doctor may work at any grade in the NHS including consultant. Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
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01 Aug 2012	Present	Registered with a licence to practise
02 Aug 2011	01 Aug 2012	Provisionally registered with a licence to practise

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 14 Oct 2026 at 05:01 BST

The details shown are valid at the date and time of the search only.