

General Medical Council

Cara Mary SHIELDS

Doctor

GMC reference number: 7042267

 Registered with a licence to practise

GP

This doctor is on the GP Register

From 23 May 2018

This doctor is a trainer approved by the GMC.

[View details...](#)

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;		Profession	Doctor
Designated body	NHS Greater Glasgow and Clyde	Registered qualification	MB ChB 2009 University of Dundee
Responsible officer	Scott Davidson	Provisional registration date	03 Aug 2009
		Full registration date	04 Aug 2010
		Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 04 Aug 2027

Trainer info

This doctor is approved by the GMC as a GP trainer.

Programme	General Practice Glasgow Clyde
Postgraduate training organisation	NHS Education for Scotland

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
04 Aug 2010	Present	Registered with a licence to practise
16 Nov 2009	04 Aug 2010	Provisionally registered with a licence to practise
03 Aug 2009	16 Nov 2009	Provisionally registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 17 Sep 2026 at 13:48 BST
The details shown are valid at the date and time of the search only.