

# General Medical Council

## Helen SPRING Doctor

GMC reference number: 6077157



Registered with a licence to practise

GP

This doctor is on the GP Register

From 04 Aug 2009

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England East of England  
Commissioning Region

Responsible officer Ian Gibson

Profession Doctor

Registered qualification MB ChB 2003 University of Leicester

Provisional registration date 08 Jul 2003

Full registration date 13 Aug 2004

Gender Female

## General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 13 Aug 2026

## Registrant history

[Registration and licensing history](#) (Since 20 October 2005)

<u>From</u>	<u>To</u>	<u>Status</u>
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

**Please note:**

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

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Results of search on: 14 Jun 2026 at 11:52 BST

The details shown are valid at the date and time of the search only.