

# General Medical Council

## Estela Tanabe DESSER Doctor

GMC reference number: 6064417



Registered with a licence to practise

GP

This doctor is on the GP Register

From 04 Feb 2009

SR

This doctor is not on the Specialist Register

### This doctor is subject to revalidation;

Designated body	NHS England London Commissioning Region (South East & South West)
Responsible officer	Jane Fryer

Profession	Doctor
Registered qualification	MB BS 1997 St George's University
Full registration date	19 Oct 2007
Gender	Female

## General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 19 Oct 2026

## Registrant history

Fitness to practise history (Since 20 October 2005)

From	To	Status	Details
01 Mar 2017	12 Sep 2018	<a href="#">This registrant had undertakings - view</a>	

### Undertakings on the registrant's registration

From 01 Mar 2017 to 12 Sep 2018

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1. To notify the GMC within seven calendar days of signing these undertakings: a of the details of my current post, including my job title, job location and responsible officer (or their nominated deputy) information b of the contact details for my employer and/or contracting body, including my direct line manager c of any organisation where I have practising privileges and/or admitting rights d of any training programmes I am in e of the organisation on whose medical performers list I am included.] f of the contact details of any locum agency I am registered with

2. To notify the GMC: a of any post I accept, before starting it b if any formal disciplinary proceedings against me are started by my employer and/or contracting body, within seven calendar days of being formally notified of such proceedings c if I apply for a post outside the UK.

3. To allow the GMC to exchange information with any person involved in monitoring my compliance with my undertakings.

4. a To have a workplace reporter approved by my responsible officer (or their nominated deputy) and to inform the GMC of these arrangements. b Not to start/restart work until my responsible officer (or their nominated deputy) has approved my workplace reporter and this approval has been forwarded to the GMC.

5. a To design a personal development plan (PDP), approved by my responsible officer (or their nominated deputy), with specific aims to address the deficiencies in the following areas of my practice. • Clinical Assessment • Clinical Management • Record Keeping • Communication • Maintaining Professional Performance b To give the GMC a copy of my approved PDP within three months of the date I agree these undertakings. c To give the GMC a copy of my approved PDP on request. d To meet with my responsible officer (or their nominated deputy), as required, to discuss my achievements against the aims of my PDP.

6. a To have an educational supervisor approved by my responsible officer (or their nominated deputy) and to inform the GMC of these arrangements. b Not to start/restart work until my responsible officer (or their nominated deputy) has approved my educational supervisor and this approval has been forwarded to the GMC.

7. To only work in a group practice setting where there are at least three GPs.

8. To get the approval of the GMC before starting work in a non-NHS post or setting.

9. To get the approval of my responsible officer (or their nominated deputy), and to inform the GMC of the approved arrangements before working: a as a locum/in a fixed term contract b out-of-hours c on-call.

10. Not to work in any locum post or fixed term contract of less than 1 month's duration.

11. a To be closely supervised in all my posts by a clinical supervisor, as defined in the Glossary for undertakings and conditions. My clinical supervisor must be approved by my responsible officer (or their nominated deputy) and I must inform the GMC of these arrangements. b Not to start/restart work until my responsible officer (or their nominated deputy) has approved my clinical supervisor and this approval has been forwarded to the GMC

12. To undertake an assessment of my performance, on a date given by the GMC, unless notified by the GMC that this assessment is not necessary.

13. To inform the following persons of the undertakings listed at (1) to (12): a my employer and/or contracting body b my responsible officer (or their nominated deputy) c my immediate line manager at my place of work, at least 24 hours before starting work (for current and new posts, including locum posts) d any prospective employer and/or contracting body, at the time of application e the responsible officer of any organisation where I have, or have applied for, practising privileges and/or admitting rights, at the time of application f any locum agency or out-of-hours service I am registered with g the organisation on whose medical performers list I am included or seeking to be included, at the time of application

14. To allow the GMC to disclose the above undertakings to any person requesting information about my registration status.

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### Registration and licensing history (Since 20 October 2005)

<u>From</u>	<u>To</u>	<u>Status</u>
16 Nov 2009	Present	Registered with a licence to practise
05 Feb 2007	16 Nov 2009	Registered

**Please note:**

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 14 Jun 2026 at 08:01 BST

The details shown are valid at the date and time of the search only.