

General Medical Council

Sophie Eleanor Margaret HELME

Doctor

GMC reference number: 6052473



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is on the Specialist Register

General surgery from 31 Jan 2015

This doctor is subject to revalidation;

Designated body Portsmouth Hospitals University NHS Trust

Responsible officer Stephen Mathieu

Profession	Doctor
Registered qualification	MB ChB 2002 University of Edinburgh
Provisional registration date	18 Jul 2002
Full registration date	06 Aug 2003
Gender	Female

General information

This doctor may work at any grade in the NHS including consultant. Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 06 Aug 2027

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
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16 Nov 2009	Present	Registered with a licence to practise
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20 Oct 2005	16 Nov 2009	Registered
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Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 02 Oct 2026 at 03:23 BST

The details shown are valid at the date and time of the search only.