

General Medical Council

Benjamin Maxim SINCLAIR

Doctor

GMC reference number: 6051494



Registered with a licence to practise



This registrant has conditions [View details...](#)



This doctor is on the GP Register

From 06 Jun 2007



This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body Optimise Health Clinics LTD

Responsible officer Karim Stavron

Profession

Doctor

Registered qualification MB ChB 2002 University of Leeds

Provisional registration date 08 Jul 2002

Full registration date 06 Aug 2003

Gender Male

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 06 Aug 2027

Registrant history

Fitness to practise history (Since 20 October 2005)

From	To	Status	Details
07 Oct 2025	Present	This registrant has interim conditions - view	

Conditions on the registrant's registration

From 07 Oct 2025

1 He must personally ensure that the GMC is notified of the following information within seven calendar days of the date these conditions become effective: a of the details of his current post, including: i his job title ii his job location iii his responsible officer (or their nominated deputy) b the contact details for his employer and any contracting body, including his direct line manager c of any organisation where he has practising privileges and/or admitting rights d of any training programmes he is in e of the organisation on whose medical performers list he is included f of the contact details of any locum agency or out-of-hours service he is registered with.

2 He must personally ensure the GMC is notified: a of any post he accepts, before starting it b that all relevant people have been notified of his conditions, in accordance with condition 5 c if any formal disciplinary proceedings against him are started by his employer and/or contracting body, within seven calendar days of being formally notified of such proceedings d if any of his posts, practising privileges or admitting rights have been suspended or terminated by his employer before the agreed date within seven calendar days of being notified of the termination e if he applies for a post outside the UK.

3 He must allow the GMC to exchange information with his employer and/or any contracting body for which he provides medical services.

4 a He must be closely supervised in all of his posts by a clinical supervisor, as defined in the Glossary for undertakings and conditions. His clinical supervisor must be appointed by his responsible officer (or their nominated deputy). b He must not work until: i his responsible officer (or their nominated deputy) has appointed his clinical supervisor and approved his supervision arrangements. ii he has personally ensured that the GMC has been notified of these arrangements. c He must provide a report from his clinical supervisor in advance of or at his next IOT review hearing.

5 He must personally ensure that the following persons are notified of the conditions listed at 1 to 4: a his responsible officer (or their nominated deputy) b the responsible officer of the following organisations i his place(s) of work and any prospective place of work (at the time of application) ii all his contracting bodies and any prospective contracting body (prior to entering a contract) iii any organisation where he has, or has applied for, practising privileges and/or admitting rights (at the time of application) iv any locum agency or out-of-hours service he is registered with v if any organisation listed at (i to iv) does not have a responsible officer, he must notify the person with responsibility for overall clinical governance within the organisation. If he is unable to identify this person, he must contact the GMC for advice before working for that organisation. c the responsible officer for the medical performers list on which he is included or seeking inclusion (at the time of application) d the approval lead of his regional Section 12 approval tribunal (if applicable) - or Scottish equivalent e his immediate line manager and senior clinician (where there is one) at his place of work, at least 24 hours before starting work (for current and new posts, including locum posts).

Hearings (Since 20 October 2005)

Date	Hearing	Details
07 Oct 2025	Interim Orders Tribunal	

Registration and licensing history (Since 20 October 2005)

From	To	Status
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 04 Sep 2026 at 21:13 BST

The details shown are valid at the date and time of the search only.