

# General Medical Council

## Ruth Margaret CAIRNS

Doctor

GMC reference number: 4536831



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is on the Specialist Register

General psychiatry from 16 Aug 2010  
Old age psychiatry from 16 Aug 2010

This doctor is a trainer recognised by the GMC.  
[View details...](#)

This doctor is subject to revalidation;

|                     |                                                |
|---------------------|------------------------------------------------|
| Designated body     | South London and Maudsley NHS Foundation Trust |
| Responsible officer | Rosalind Ramsay                                |

|                               |                                 |
|-------------------------------|---------------------------------|
| Profession                    | Doctor                          |
| Registered qualification      | MB BS 1998 University of London |
| Provisional registration date | 15 Jul 1998                     |
| Full registration date        | 04 Aug 1999                     |
| Gender                        | Female                          |

### General information

This doctor may work at any grade in the NHS including consultant. Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 04 Aug 2027

### Trainer info

This doctor is recognised by the GMC in one or more of the following roles.

- Named clinical supervisors
- Named educational supervisors

- Lead coordinators of undergraduate training at each local provider
- Doctors responsible for overseeing students' educational progress for each medical school

[Read more information about our role in approving and recognising trainers.](#)

## Registrant history

### Registration and licensing history (Since 20 October 2005)

| From<br>..... | To<br>..... | Status<br>.....                       |
|---------------|-------------|---------------------------------------|
| 16 Nov 2009   | Present     | Registered with a licence to practise |
| 20 Oct 2005   | 16 Nov 2009 | Registered                            |

#### Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 20 Sep 2026 at 05:13 BST

The details shown are valid at the date and time of the search only.