

General Medical Council

Sarah Helen PENNINGTON

Doctor

GMC reference number: 4433127

 Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is a trainer recognised by the GMC.

[View details...](#)

This doctor is subject to revalidation;

Designated body	North Cumbria Integrated Care NHS Foundation Trust
Responsible officer	Adrian Clements

Profession	Doctor
Registered qualification	MB ChB 1997 University of Manchester
Provisional registration date	14 Jul 1997
Full registration date	05 Aug 1998
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 05 Aug 2027

Trainer info

This doctor is recognised by the GMC in one or more of the following roles.

- Named clinical supervisors
- Named educational supervisors
- Lead coordinators of undergraduate training at each local provider
- Doctors responsible for overseeing students’ educational progress for each medical school

[Read more information about our role in approving and recognising trainers.](#)

Registrant history

Registration and licensing history (Since 20 October 2005)

From *****	To *****	Status *****
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 21 Sep 2026 at 10:52 BST
The details shown are valid at the date and time of the search only.