

General Medical Council

Penelope Mary Hilda Teixeira LUPTON

Doctor

GMC reference number: 4028817



Registered with a licence to practise

GP

This doctor is on the GP Register

From 31 Mar 2006

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England South East Commissioning Region

Responsible officer Shahed Ahmad

Profession

Doctor

Registered qualification MB ChB 1993 University of Dundee

Provisional registration date 19 Jul 1993

Full registration date 01 Aug 1994

Gender

Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

Registrant history

Fitness to practise history (Since 20 October 2005)

From	To	Status	Details
18 Feb 2020	17 May 2020	This registrant had conditions - view	

Conditions on the registrant's registration

From 18 Feb 2020 to 17 May 2020

1 She must personally ensure the GMC is notified of the following information within seven calendar days of the date these conditions become effective:

a. The details of her current post, including: i her job title ii her job location iii her responsible officer (or their nominated deputy) b the contact details of her employer and any contracting body, including her direct line manager c any organisation where she has practising privileges and/or admitting rights d any training programmes she is in e of the organisation on whose medical performers list she is included.

2 She must personally ensure the GMC is notified: a of any post she accepts, before starting it b that all relevant people have been notified of her conditions c if any formal disciplinary proceedings against her are started by her employer and/or contracting body, within seven calendar days of being formally notified of such proceedings d if any of her posts, practising privileges, or admitting rights have been suspended or terminated by her employer before the agreed date within seven calendar days of being notified of the termination e if she applies for a post outside the UK.

3 She must allow the GMC to exchange information with any person involved in monitoring her compliance with her conditions.

4 a. She must have a workplace reporter appointed by her responsible officer (or their nominated deputy). b. She must not work until: i. her responsible officer (or their nominated deputy) has appointed her workplace reporter ii. she has personally ensured that the GMC has been notified of the name and contact details of her workplace reporter.

5 She must personally ensure the following persons are notified of the conditions listed at 1 to 10: a her responsible officer (or their nominated deputy) b the responsible officer of the following organisations: i her place(s) of work, and any prospective place of work (at the time of application) ii all of her contracting bodies and any prospective contracting body (prior to entering a contract) iii any organisation where she has, or has applied for, practising privileges and/or admitting rights (at the time of application) iv if any of the organisations listed at (i to iv) does not have a responsible officer, she must notify the person with responsibility for overall clinical governance within that organisation. If she is unable to identify that person, she must contact the GMC for advice before working for that organisation. c the responsible officer for the medical performers list on which she is included or seeking inclusion (at the time of application). d her immediate line manager and senior clinician (where there is one) at his place of work, at least 24 hours before starting work (for current and new posts, including locum posts).

6 She must get the approval of the GMC before working in a non-NHS post or setting.

7 She must only work in a group practice setting where there is a minimum of two GP partners or employed GPs (excluding herself). The GPs must be partners or permanently employed GPs who are on the GP register (this excludes locum staff).

8 She must only work as a salaried GP.

9 She must not work in any post for more than 4 sessions per week.

10 She must get the approval of her responsible officer before working: i a locum ii out-of-hours iii on-call.

Hearings (Since 20 October 2005)

Date	Hearing	Details
13 Jan 2020	Medical Practitioners Tribunal	View details...

Registration and licensing history (Since 20 October 2005)

From	To	Status
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 18 Sep 2026 at 03:37 BST

The details shown are valid at the date and time of the search only.