

General Medical Council

Helen PORTER

Doctor

GMC reference number: 3491205



Registered with a licence to practise

GP

This doctor is not on the GP Register

SR

This doctor is on the Specialist Register

Anaesthetics from 15 Oct 1999

This doctor is a trainer recognised by the GMC.

[View details...](#)

This doctor is subject to revalidation;

Designated body East Suffolk & North Essex Foundation Trust

Responsible officer Martin Mansfield

Profession

Doctor

Registered qualification MB BS 1990 University of London

Provisional registration date 16 Jul 1990

Full registration date 01 Aug 1991

Gender

Female

General information

This doctor may work at any grade in the NHS including consultant. Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

Trainer info

This doctor is recognised by the GMC in one or more of the following roles.

- Named clinical supervisors
- Named educational supervisors
- Lead coordinators of undergraduate training at each local provider

- Doctors responsible for overseeing students' educational progress for each medical school

[Read more information about our role in approving and recognising trainers.](#)

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 10 Oct 2026 at 02:37 BST

The details shown are valid at the date and time of the search only.