

# General Medical Council

# Helen Mary KINGSTON

Doctor

GMC reference number: 3462322

 Registered with a licence to practise

GP

This doctor is on the GP Register

From 31 Mar 2006

This doctor is a trainer approved by the GMC.

[View details...](#)

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England South West  
Commissioning Region

Responsible officer Rupa Joshi

|                               |                               |
|-------------------------------|-------------------------------|
| Profession                    | Doctor                        |
| Registered qualification      | BM BCh 1990 Oxford University |
| Provisional registration date | 17 Jul 1990                   |
| Full registration date        | 01 Aug 1991                   |
| Gender                        | Female                        |

## General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

## Trainer info

This doctor is approved by the GMC as a GP trainer.

|                                    |                             |
|------------------------------------|-----------------------------|
| Programme                          | General Practice Severn     |
| Postgraduate training organisation | Health Education South West |

## Registrant history

### Registration and licensing history (Since 20 October 2005)

| From        | To          | Status                                |
|-------------|-------------|---------------------------------------|
| 16 Nov 2009 | Present     | Registered with a licence to practise |
| 20 Oct 2005 | 16 Nov 2009 | Registered                            |

**Please note:**

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 11 Sep 2026 at 12:56 BST  
The details shown are valid at the date and time of the search only.