

# General Medical Council

Arabella Valentine POULSON

Doctor

GMC reference number: 3309960

 Registered without a licence to practise

GP

This doctor is not on the GP Register

SR

Specialist Register

Ophthalmology from 19 Jul 2002  
but is not currently licensed to practise

This doctor is not subject to revalidation;

Only doctors holding full registration with a licence to practise are subject to revalidation.

|                               |                                 |
|-------------------------------|---------------------------------|
| Profession                    | Doctor                          |
| Registered qualification      | MB BS 1989 University of London |
| Provisional registration date | 15 Jul 1989                     |
| Full registration date        | 01 Aug 1990                     |
| Gender                        | Female                          |

## General information

This doctor is not licensed to practise medicine in the UK.

[More information about employment check requirements](#)

Annual retention fee due date: 01 Aug 2027

## Registrant history

Registration and licensing history (Since 20 October 2005)

| From        | To      | Status                                   |
|-------------|---------|------------------------------------------|
| 01 Jun 2025 | Present | Registered without a licence to practise |

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|             |             |                                       |
|-------------|-------------|---------------------------------------|
| 16 Nov 2009 | 01 Jun 2025 | Registered with a licence to practise |
|-------------|-------------|---------------------------------------|

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|             |             |            |
|-------------|-------------|------------|
| 20 Oct 2005 | 16 Nov 2009 | Registered |
|-------------|-------------|------------|

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**Please note:**

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

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Results of search on: 19 Sep 2026 at 14:38 BST

The details shown are valid at the date and time of the search only.