

General Medical Council

Helen Rebecca STERLING

Doctor

GMC reference number: 3288962



Not Registered - Having relinquished registration

GP

This doctor is not on the GP Register

SR

This doctor is not on the Specialist Register

This doctor is not subject to revalidation;

Only doctors holding full registration with a licence to practise are subject to revalidation.

Profession	Doctor
Registered qualification	MB ChB 1989 University of Bristol
Provisional registration date	23 Jun 1989
Full registration date	01 Aug 1990
Gender	Female

General information

This person is not on the Medical Register and may not practise as a doctor in the UK.

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
12 Jul 2024	Present	Not Registered - Having relinquished registration
13 May 2021	12 Jul 2024	Registered without a licence to practise
16 Nov 2009	13 May 2021	Registered with a licence to practise

20 Oct 2005

16 Nov 2009

Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 27 Sep 2026 at 13:57 **BST**

The details shown are valid at the date and time of the search only.