

General Medical Council

Helen Jean SPERRY

Doctor

GMC reference number: 3283345



Registered with a licence to practise

GP

This doctor is on the GP Register

From 31 Mar 2006

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England South East
Commissioning Region

Responsible officer Shahed Ahmad

Profession	Doctor
Registered qualification	MB BS 1988 University of London
Provisional registration date	15 Jul 1988
Full registration date	09 Nov 1989
Gender	Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 09 Nov 2026

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 16 Sep 2026 at 14:04 BST

The details shown are valid at the date and time of the search only.