

General Medical Council

Sarah Jane COWLEY

Doctor

GMC reference number: 3246601



Registered with a licence to practise



This registrant has undertakings [View details...](#)

GP

This doctor is on the GP Register

From 31 Mar 2006

SR

This doctor is not on the Specialist Register

This doctor is subject to revalidation;

Designated body NHS England London Commissioning Region (North Central, North East & North West)

Responsible officer Elizabeth Henderson

Profession

Doctor

Registered qualification BM 1987 University of Southampton

Provisional registration date 02 Jul 1987

Full registration date 03 Aug 1988

Gender Female

General information

Substantive, honorary and fixed term consultants working in the NHS are required to be on the Specialist Register, however there are exemptions. Please refer to the National Health Service (Appointment of Consultants) Regulations 1996, as amended.

Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

[More information about employment check requirements](#)

Annual retention fee due date: 03 Aug 2027

Registrant history

Fitness to practise history (Since 20 October 2005)

From *****	To *****	Status *****	Details *****
29 Jul 2026	Present	This registrant has undertakings - view ▼	 View sanction details

Undertakings on the registrant's registration

From 29 Jul 2026

1. To personally ensure the GMC is notified of the following information within seven calendar days of signing these undertakings: a the details of my current post, including i my job title ii my job location iii my responsible officer (or their nominated deputy) b the contact details for my employer and any contracting body, including my direct line manager c any organisation where I have practising privileges and/or admitting rights d any training programmes I am in e of the organisation on whose medical performers list I am included f of the contact details of any locum agency or out-of-hours service I am registered with

2. To personally ensure the GMC is notified: a of any post I accept, before starting it b that all relevant people have been notified of my undertakings in accordance with undertaking [insert sequence number of U5] c if any formal disciplinary proceedings against me are started by my employer and/or contracting body, within seven calendar days of being formally notified of such proceedings d if any of my posts, practising privileges or admitting rights have been suspended or terminated by my employer or contracting body before the agreed date, within seven calendar days of being notified of the termination e if I apply for a post outside the UK.

3. To allow the GMC to exchange information with any person involved in monitoring my compliance with my undertakings.

4. a To have a workplace reporter appointed by my responsible officer (or their nominated deputy). b Not to work until: i my responsible officer (or their nominated deputy) has appointed a workplace reporter ii I have personally ensured that the GMC has been notified of the name and contact details of my workplace reporter.

5. a To design a personal development plan (PDP), with specific aims to address the deficiencies in the following areas of my practice.
• Failure to refer • Record keeping b To get my PDP approved by my responsible officer (or their nominated deputy). c To give the GMC a copy of my approved PDP within three months of the date I agree these undertakings. d To give the GMC a copy of my approved PDP on request. e To meet with my responsible officer (or their nominated deputy), as required, to discuss my achievements against the aims of my PDP.

6. a To have an educational supervisor appointed by my responsible officer (or their nominated deputy). b Not to work until: i my responsible officer (or their nominated deputy) has appointed my educational supervisor ii I have personally ensured that the GMC has been notified of the name and contact details of my educational supervisor.

7. To have a mentor who is approved by my responsible officer (or their nominated deputy).

8. To only work in a group practice setting where there is a minimum of two GP partners or employed GPs (excluding yourself). The GPs must be partners or permanently employed GPs who are on the GP register (this excludes locum staff).

9. Not to work in any post for more than six sessions per week.

10. To get the approval of the GMC before starting work in a non-NHS post or setting.

11. a To get the approval of my responsible officer (or their nominated deputy) before working: i as a locum/in a fixed term contract ii out-of-hours iii on-call. b Not to work until: i My responsible officer (or their nominated deputy) has confirmed approval ii I have personally ensured that the GMC has been notified of the approval of my responsible officer (or their nominated deputy).

12. Not to work in any locum post or fixed term contract of less than 4 weeks duration.

13. a To be closely supervised in all my posts by a clinical supervisor, as defined in the Glossary for undertakings and conditions. My clinical supervisor must be appointed by my responsible officer (or their nominated deputy). b Not to work until: i my responsible officer (or their nominated deputy) has appointed my clinical supervisor and approved my supervision arrangements ii I have personally ensured that the GMC has been notified of the name and contact details of my clinical supervisor and my approved supervision arrangements.

14. a To keep a log detailing every case where I refer a patient. b To give the GMC a copy of this log on request.

15. To undertake an assessment of my performance, if requested by the GMC.

16. To personally ensure the following persons are notified of the undertakings listed at 1 to 17: a my responsible officer (or their nominated deputy) b the responsible officer of the following organisations: i my place(s) of work, and any prospective place of work (at the time of application) ii all my contracting bodies and any prospective contracting body (prior to entering a contract) iii any organisation where I have, or have applied for, practising privileges and/or admitting rights (at the time of application) iv any locum agency or out-of-hours service I am registered with v If any organisation listed at (i – iv) does not have a responsible officer, to notify the person with responsibility for overall clinical governance within that organisation. If I am unable to identify the correct person, to contact the GMC for advice before working for that organisation. c the responsible officer for the medical performers list on which I am included or seeking inclusion (at the time of application) d my immediate line manager and senior clinician (where there is one) at my place of work, at least 24 hours before starting work (for current and new posts, including locum posts).

17. To allow the GMC to disclose the above undertakings to any person requesting information about my registration status.

Registration and licensing history (Since 20 October 2005)

From	To	Status
16 Nov 2009	Present	Registered with a licence to practise
20 Oct 2005	16 Nov 2009	Registered

Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 11 Aug 2026 at 20:34 BST

The details shown are valid at the date and time of the search only.