

General Medical Council

Helen Mary DOWNING

Doctor

GMC reference number: 2487746



Not Registered - Having relinquished registration

GP

GP Register

From 31 Mar 2006, but is not currently registered

SR

This doctor is not on the Specialist Register

This doctor is not subject to revalidation;

Only doctors holding full registration with a licence to practise are subject to revalidation.

Profession	Doctor
Registered qualification	MB ChB 1979 University of Sheffield
Provisional registration date	25 Jul 1979
Full registration date	01 Aug 1980
Gender	Female

General information

This person is not on the Medical Register and may not practise as a doctor in the UK.

Registrant history

Registration and licensing history (Since 20 October 2005)

From	To	Status
13 Mar 2024	Present	Not Registered - Having relinquished registration
02 Apr 2020	13 Mar 2024	Registered with a licence to practise
01 Apr 2016	02 Apr 2020	Not Registered - Having relinquished registration

16 Nov 2009	01 Apr 2016	Registered with a licence to practise
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20 Oct 2005	16 Nov 2009	Registered
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Please note:

All doctors who were registered before 20 October 2005 have their registration 'From' date set to 20 October 2005.

This is the date when the register went online.

If you need to know whether the doctor was registered before 20 October 2005 please [contact us](#).

Results of search on: 16 Sep 2026 at 20:24 BST

The details shown are valid at the date and time of the search only.